

Heat Up For Fall - 8/17/2019

Milliken

Last Completed Event

Event 2 Mixed 5k Run RR 5KEvent

Name	Year Team	Avg Mile	Finals	Points
11 & Under Results - Women 5000 Run				
1 #175 Myers, Kate	W08 Unattached	7:52.7	24:28.38	
2 #240 Harrison, Coco	W08 Unattached	8:04.0	25:03.51	
3 #194 Rohm, Callie	W7 Unattached	9:51.4	30:37.37	
4 #176 Myers, Michael	W08 Unattached	10:01.4	31:08.28	
5 #183 Oliver, Mary Helen	W08 Unattached	11:17.2	35:03.94	
12-15 Results - Women 5000 Run				
1 #228 Whitaker, Emma	W04 Unattached	6:49.1	21:10.89	
2 #187 Patterson, Anna Cla	W04 Unattached	7:12.7	22:24.16	
3 #230 Williams, Hayden	W05 Unattached	7:19.6	22:45.56	
4 #209 Smith, Kelsey	W05 Unattached	7:50.0	24:19.97	
5 #208 Smith, Bree	W05 Unattached	7:55.8	24:38.05	
6 #216 Taylor, Catherine	W05 Unattached	8:13.9	25:34.48	
7 #180 Norvell, Margo	W05 Unattached	8:39.8	26:54.86	
8 #223 Vest, Elyse	W06 Unattached	8:45.2	27:11.60	
9 #206 Shaw, Rylie	W05 Unattached	8:52.8	27:35.20	
10 #119 Cansler, Sydney	W03 Unattached	9:13.1	28:38.28	
11 #126 Deambrossi, Andrea	W05 Unattached	10:09.9	31:34.78	
12 #178 Norvell, Karmen	W07 Unattached	10:25.2	32:22.14	
13 #155 Lea, Katie	W05 Unattached	11:46.5	36:34.93	
16-19 Results - Women 5000 Run				
1 #220 Trusty, Leah	W03 Unattached	6:56.7	21:34.65	
2 #161 Lyons, Kathryn	W03 Unattached	7:08.6	22:11.50	
3 #229 White, Julina	W03 Unattached	7:28.8	23:14.16	
4 #185 Pashchuk, Alina	W03 Unattached	7:34.0	23:30.35	
5 #128 Dentler, Sydney	W03 Unattached	7:39.4	23:47.19	
6 #135 Finnegan, Nora	W03 Unattached	7:43.2	23:58.95	
7 #132 Dunn, Anna	W03 Unattached	8:48.5	27:21.97	
8 #111 Boone, Eliana	W03 Unattached	8:56.2	27:45.73	
9 #179 Burt, Teresa	W03 Unattached	10:40.5	33:09.73	
10 #169 MicKinkle, Sarah	W03 Unattached	11:39.7	36:13.88	
20-24 Results - Women 5000 Run				
1 #245 Hinkle, Emily	W95 Unattached	11:03.9	34:22.52	
25-29 Results - Women 5000 Run				
1 #168 McCracken, Andrea	W90 Unattached	7:03.5	21:55.71	
2 #203 Schoonover, Laura	W89 Unattached	9:18.3	28:54.42	
3 #234 Wyatt, Carmen	W90 Unattached	10:06.1	31:23.08	
4 #201 Schaad, Beth	W90 Unattached	18:25.8	57:15.32	
30-35 Results - Women 5000 Run				
1 #192 Quesada, Ally	W85 Unattached	6:57.9	21:38.31	
2 #151 Howard, Cor	W88 Unattached	10:24.1	32:18.87	
3 #153 Kirkland, Cathy	W86 Unattached	10:31.9	32:43.20	
4 #217 Thompson, Breanne	W85 Unattached	11:13.7	34:53.10	
36-42 Results - Women 5000 Run				
1 #237 dos santos, Janet	W76 Unattached	10:48.1	33:33.42	
2 #145 Harwood, Jessica	W77 Unattached	12:22.1	38:25.32	
3 #108 Bianchi, Kelley	W78 Unattached	13:36.8	42:17.54	
4 #222 Tucker, Kandice	W79 Unattached	15:41.8	48:46.03	
43-50 Results - Women 5000 Run				
1 #160 Lynch, Sandy	W69 Unattached	7:06.0	22:03.48	
2 #195 Rohm, Danielle	W75 Unattached	7:46.2	24:08.35	
3 #107 Bendyk, Heather	W73 Unattached	8:15.9	25:40.51	
4 #205 Shaw, Lara	W72 Unattached	8:52.5	27:34.17	
5 #215 Swick, Krs	W72 Unattached	11:30.1	35:43.78	
6 #162 Martin, Jodie	W75 Unattached	12:20.2	38:19.70	
7 #130 Dowdle, Angela	W73 Unattached	15:48.8	49:07.63	
51-59 Results - Women 5000 Run				
1 #115 Brophy, Katharine	W60 Unattached	12:20.4	38:20.31	
2 #166 McClure, Tammy	W64 Unattached	13:21.1	41:28.66	
3 #104 Baity, Angela	W60 Unattached	18:26.1	57:16.44	
11 & Under Results - Men 5000 Run				
1 #136 Foye, Cameron	M07 Unattached	7:26.1	23:05.87	
2 #239 Nichol, Noah	M07 Unattached	9:05.4	28:14.31	
3 #198 Saavedra Jr, Jaime	M08 Unattached	10:53.2	33:49.17	
12-15 Results - Men 5000 Run				
1 #218 Trusty, Adam	M05 Unattached	5:40.4	17:37.34	
2 #127 Dentler, Jake	M05 Unattached	5:57.7	18:31.19	
3 #157 Lear, Alexander	M03 Unattached	6:08.2	19:03.85	
4 #113 Boyd, Daniel	M03 Unattached	6:08.9	19:06.10	
5 #105 Bass, Jackson	M05 Unattached	6:20.9	19:43.38	
6 #124 Davenport, Austin	M04 Unattached	6:25.1	19:56.30	

7	#120	Corey, Josh	M05	Unattached	6:29.3	20:09.27
8	#114	Brady, Cian	M05	Unattached	6:37.9	20:35.97
9	#241	Stratton, Caeden	M04	Unattached	6:44.2	20:55.61
10	#189	Pryor, Alec	M05	Unattached	6:53.4	21:24.17
11	#177	Nichol, Gabe	M05	Unattached	7:08.0	22:09.55
12	#109	Biggerstaff, Avery	M05	Unattached	7:18.4	22:41.91
13	#171	Mitchell, Jacob	M05	Unattached	7:20.9	22:49.62
14	#173	Myers, Colin	M07	Unattached	7:23.8	22:58.65
15	#204	Semenach, Knox	M06	Unattached	7:29.6	23:16.77
16	#232	Woods, Grady	M05	Unattached	7:31.2	23:21.56
17	#117	Camfeild, Grant	M04	Unattached	7:33.5	23:28.79
18	#156	Lea, Mason	M05	Unattached	7:34.0	23:30.41
19	#219	Trusty, Jake	M06	Unattached	7:54.2	24:33.30
20	#100	Aliers, Brennan	M05	Unattached	8:17.7	25:46.08
21	#129	Dillard, Bowen	M05	Unattached	8:45.8	27:13.53
22	#193	Rivera, Andrew	M05	Unattached	8:50.4	27:27.74
23	#159	Lopez, Samuel	M04	Unattached	9:01.6	28:02.50
24	#196	Ross, Kaiden	M06	Unattached	9:48.9	30:29.55
25	#210	Smith, Noah	M07	Unattached	11:24.8	35:27.58
16-19 Results - Men 5000 Run						
1	#207	Smith, Adam	M03	Unattached	5:52.3	18:14.27
2	#246	Goode, Hayden	M01	Unattached	5:53.9	18:19.49
3	#224	Vierow, Jackson	M02	Unattached	5:59.9	18:38.13
4	#247	Skory, Jake	M02	Unattached	6:01.6	18:43.20
5	#226	Watts, Nicholas	M03	Unattached	6:06.0	18:57.01
6	#131	Dugar, Brandon	M03	Unattached	6:06.8	18:59.47
7	#140	Garrett, Matthew	M03	Unattached	6:07.6	19:02.04
8	#103	Baird, Tom	M01	Unattached	6:15.2	19:25.52
9	#125	Davis, Andrew	M02	Unattached	6:17.2	19:31.72
10	#212	Steadman, Josh	M02	Unattached	6:28.7	20:07.54
11	#213	Streetman, Matthew	M03	Unattached	6:28.7	20:07.63
12	#242	Stratton, Camden	M02	Unattached	6:43.8	20:54.55
13	#138	Frost, Bryan	M03	Unattached	6:57.4	21:36.71
14	#225	Watts, Frankland	M03	Unattached	7:17.5	22:39.13
15	#154	Layton, Sam	M03	Unattached	7:22.1	22:53.33
16	#188	Preist, Brandon	M02	Unattached	7:36.1	23:36.91
17	#190	Pryor, Lance	M03	Unattached	7:46.6	24:09.38
18	#112	Bottoms, Nathan	M01	Unattached	7:59.0	24:48.02
19	#110	Boone, Aaron	M03	Unattached	8:02.9	25:00.18
20	#186	James, Hunter	M02	Unattached	8:11.4	25:26.45
21	#163	Martin, Nicholas	M03	Unattached	8:34.1	26:37.07
22	#184	Paccapaniccia, Mich	M03	Unattached	9:02.2	28:04.49
23	#144	Harvey, Noah	M03	Unattached	9:26.2	29:18.90
25-29 Results - Men 5000 Run						
1	#197	Ruzicka, Eric	M94	Unattached	6:10.8	19:11.93
30-35 Results - Men 5000 Run						
1	#235	Wyatt, Julian	M87	Unattached	10:11.4	31:39.39
2	#202	Schoonover, Kevin	M89	Unattached	10:55.0	33:55.01
36-42 Results - Men 5000 Run						
1	#141	Gibbons, Tim	M79	Unattached	5:56.7	18:28.03
2	#221	Tucke, Travis	M80	Unattached	15:41.8	48:45.99
43-50 Results - Men 5000 Run						
1	#243	Boyd, Joel	M76	Unattached	7:38.6	23:44.58
2	#231	Wise, Ronald	M70	Unattached	8:32.1	26:31.02
3	#102	Baird, Joe	M75	Unattached	9:03.5	28:08.45
4	#244	Hinkle, Jared	M69	Unattached	11:51.6	36:50.67
5	#139	Garrett, Chris	M71	Unattached	12:24.1	38:31.82
6	#238	Harper, Russell	M69	Unattached	22:07.2	1:08:43.37
51-59 Results - Men 5000 Run						
1	#165	McClure, Robert	M63	Unattached	8:42.9	27:04.47
2	#236	Zuelke, Tim	M67	Unattached	10:59.0	34:07.22
3	#199	Saavedra Sr, Jaime	M62	Unattached	12:19.6	38:17.63
60+ Results - Men 5000 Run						
1	#167	McCormack, Tom	M54	Unattached	6:07.0	19:00.05
2	#149	Hovis, Bill	M58	Unattached	12:23.3	38:29.05